

## **CONTRACT FOR SERVICES with AWAKENINGS FAMILY THERPY**

### **The best treatment for working on conflicts and issues are:**

The first appointment is to see if the therapist and you will work well together. Studies show a positive connection between therapist and client is the biggest indicator as to whether there will be success in therapy.

Weekly Appointments- as long as there are treatment goals that you want to accomplish, weekly appointments may be necessary. You will work on issues until you feel they are resolved. Together, on your second appointment, we will choose which issues you wish to work on and in which order you prefer.

Accountability is important. That is why you report to the therapist if your situation is changing because of what you learned or decided to do after each appointment.

### **Other factors to your success:**

You must be willing to reveal truthfully your issues. Withholding information about yourself would be counterproductive to our work together. If you conceal important thoughts, feelings, or facts, you'll be wasting your money and our time.

All co-pays and deductibles will need to be paid for at each appointment as they are accrued.

In order to avoid paying for missed sessions, schedule changes will require 24-hour notice.

All new clients will need to fill out the assessment questionnaires and testing prior to your scheduled appointments.

Name \_\_\_\_\_